



Mental Health Transformation Grant

The King County Trauma Informed Care (KCTIC) Project King County, Washington

Local Service Area: King County, WA

Primary Service Focus: Trauma and Justice

Project Director: Kathy Crane

Project Team Members: King County: Jean Robertson, Meg Lineweaver, Laurie Sylla, Deb Srebnik. Community Psychiatric Clinic: Joelle Blair, Melissa Morales-Warming, Jean Kerchival. Valley Cities Counseling and Consultation: Beth Hammonds, Jody Brown, Beth Aylard, Andrew Logan. Asian Counseling and Referral Services: Connie Cheng.

CMHS Project Officer: Mary Blake

Evidence-Based Practice(s): Risking Connection; The Essence of Being Real; Wellness Recovery Action Plan (WRAP)

Project Description: King County Trauma Informed Care (KCTIC) implements trauma-informed care as the framework for mental health service delivery in King County. KCTIC serves adults with or at risk for serious mental illness, including veterans and their families, through a partnership with three community-based mental health agencies who implement a Trauma-Informed System of Care through the delivery of a nationally recognized model, the Sidran Institute's Risking Connection® and the Essence of Being Real. The goals of KCTIC are to support the recovery and healing process of adults being served in the community mental health system in King County through the provision of services that recognize trauma as a pivotal force in peoples' lives, and to provide support to empower people to manage their path to wellness and recovery. The project expands upon King County's current transformation efforts to implement recovery oriented care in the mental health service delivery system by adopting trauma-informed approaches and by implementing trauma-informed services. The model will be expanded over the life of the grant to other community mental health agencies and crisis services within the King County provider network.